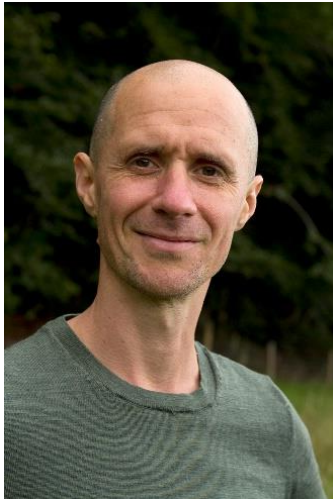




## **Christopher Boyce**



I am delighted to have become part of the Health in Mind team in the Scottish Borders. I'll be the new Peer Connecting Support and Development Worker. I'd been volunteering with both the Wellbeing College and Re:Discover in the Borders for about 6 months before applying for this role, and without doubt my experiences with both of them have put me in an excellent position for this new role. Volunteers are an important and valued part of Health in Mind, and as I've found out directly can be a great way to develop new skills. I'm excited to get started and bring new volunteers in.

## **Lynn Bellis**

I began working as a volunteer with Health in Mind in 2017 for Re:Discover and during this time I worked with people who were living with mental health challenges and who wanted to reconnect with their communities. In 2019, I successfully applied for the post of administrator for the Wellbeing College and have worked in this role ever since. I have thoroughly enjoyed this, and I've loved being able to watch the College grow month on month.



In recent months, I qualified as a counsellor and shortly after was successful in applying for a role within the team as the new SPRING Social Prescriber for Health in Mind in the Borders. I'm looking forward to working with people one to one again and getting out and about in the community. As I'm still part of our Borders team, I'll be able continue to support the work of the Wellbeing College whilst in my new role.